

LONDON SIGHTSEER CYCLE RIDE

100km randonnée
run under [Audax UK](#) regulations

WEDNESDAY 29th June 2017 and Sunday 3rd September 2017

Organiser: Bill Carnaby, 225 High Street, Hampton Hill, TW12 1NP
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Get the flavour of London on this spectacular ride which has been so much enjoyed by all those who have ridden it. Don't miss the opportunity for a breathtaking cycle tour of the sights of London using mostly cycle paths, cycle routes and quiet streets.

The London Sightseer 100km starts in Hampton Hill in SW London and mainly using **established cycle routes, river paths and park roads where possible** takes you to Greenwich and back via many of London's most spectacular sights.

The route takes you through Twickenham, Richmond and Old Isleworth to Brentford and then via Kew and the riverside to Hammersmith. Next come Kensington, Portobello Road and Hyde Park to Buckingham Palace and along the Mall to Trafalgar Square. Then to the City of London via St Paul's Cathedral before St Catherine's Docks and historic Wapping following the river and canals to The Queen Elizabeth Olympic Park and then to the skyscrapers of Canary Wharf and Docklands. Next the most spectacular view in London from Greenwich Park and the Royal Observatory. Returning along the river to Greenwich and the Cutty Sark visit Rotherhythe on the way to Tower Bridge. Follow the South Bank past HMS Belfast and The Golden Hinde and see spectacular river views and old cobbled streets to Westminster and Parliament Square. Then follow the Embankment to Chelsea through Battersea Park and via back streets to Putney Bridge and then Richmond Park. Next it's along the river again to Teddington and Kingston to Hampton Court Palace and, finally, through Bushey Park to Hampton Hill and the finish.

The Wednesday Midweek Sightseer, after visiting the Queen Elizabeth Olympic Park will use the Emirates Airline cable crossing of the Thames to the O2 Arena. This will mean that there will be no visit to Canary Wharf but instead you will get a good aerial view. The charge for the Airline is £4 less if you have an Oyster Card or a Freedom Pass.

On Wednesday you will see London at work with roads fairly busy and the parks and river banks quiet and, of course, plenty of activity in The City and Docklands; on Sunday The City and Docklands are almost deserted, the parks and river paths very busy and the roads quieter. So for atmosphere Wednesday is best, for quieter roads Sunday is best

The Event Headquarters is at 225 High Street, Hampton Hill, TW12 1NP. There is plenty of free on-street parking in the neighbourhood which is a low crime area.

If you need a hotel there are Travelodges at Teddington, Sunbury and Feltham all within 2 miles of the start.

Any type of bike can be used but there are some unmetalled paths and cobbled sections, tandems and recumbents will also have to be lifted over obstructions in places.

Riders are provided with a route sheet that gives detailed instructions on the route to be followed, a gpx file is available on request. There are necessarily many instructions on the route sheet so you are advised to have a facility for mounting your route sheet on your handlebars such as a Polaris map holder available from <http://www.bikeplus.co.uk/> or <http://www.sjscycles.co.uk/> among others. A waterproof bag will be provided. If you wish to carry a map with you the route is covered by London Cycle Guides 7 and 10, which are available free of charge from <https://www.tfl.gov.uk/forms/12419.aspx> or the Geographers Standard London A-Z Guide

If you have never ridden an Audax randonnee before the procedure is quite simple. The objective is to complete the course within 10 hours by using the very detailed route sheet or GPS and checking in at controls within a certain time. At the start you must collect your brevet card containing the control details, which must be stamped or completed as appropriate. The route sheet, which contains detailed instructions, will alert you to the location of each control of which there are two types:

- Information controls at which you need to write the answer to the simple question on the brevet card
- A Fixed Control at which you need to obtain a sticker for your brevet card from the controller.

At the finish you MUST hand your brevet card in to the organiser having been signed by you.

The time allowed for the event which is 50 miles or 100k is 10 hours - if you want an AUK certificate. If you think you may take longer than this on the September ride then you should have lights on your bike.

Entry forms

Download an entry form by clicking on <http://www.aukweb.net/events/detail/16-558/> for Wednesday and <http://www.aukweb.net/events/detail/16-559/> for Sunday and clicking on "Enter this Event".

Entry costs £6.00 in advance with a £2 insurance supplement if you are not a member of Audax UK or the CTC or £7 on-line via PayPal. Two stamped addressed envelopes are required for postal entries but not for on-line entries.